

# Magic Mushroom grow kit guidelines

NOTE: IF YOU DO NOT YET WANT TO USE THE GROW KIT, PUT IT IN THE FRIDGE.

BEFORE YOU START (Repeat this process every time when working with the grow kit):

1. Wash your hands and forearms (preferable antibacterial soap but normal soap will do)
2. Clean the area where you are going to work
3. Work as cleanly as possible and don't touch the mycelium with your bare hands (risk of contamination)
4. HOWEVER, DO NOT LET ANY DISINFECTANT TOUCH THE MYCELIUM!

GROW KIT SET UP



**Step 1** Open and carefully pour 900ml clean, lukewarm water in the grow kit.

Let it soak for 12 hours, then drain the water carefully.

**Step 2** Pour 150 ml of clean water in the bag and place the grow kit in it, folding the bag to have it contain the moisture, without touching the topsoil. Maintain at 24-27° C for 48h, then lower to 21°C ambient temperature.



**Step 3** Once little white pins become visible at the surface, change position of the bag so it is upright, with enough space for the mushrooms to grow. Use the paperclip to close the bag, making sure it does not touch the mycelium.

**Step 4** Place the bag in a space with indirect light and a constant temperature of about 21°C

## HARVEST

Pick your mushrooms when the tallest specimen of the batch are mature, but have NOT opened their hats completely. This allows maximum potency. Don't wait until they are all mature, this way they would be less potent.

## The perfect Fruiting environment

1. Grow kit needs a constant temperature of 21°C.
2. -Repeat cleaning process before each harvest and exchange the water in the bag for fresh water.
3. Keep the grow kit wet, never let the mycelium dry out.
4. Perfect mushrooms grow best in a 12/12 routine. 12 hours of light and 12 hours of darkness.

Troubleshooting:

- Lower or inconsistent temperatures will slow the growing process or harm the mycelium.
- Treat the grow kit as if you were operating someone. Wash you hands and forearms before you touch it.
- Never put the the grow kit in direct sunlight.
- Never let the mycelium dry out.