

## Magic Mushroom grow kit guidelines

NOTE: IF YOU DO NOT YET WANT TO USE THE GROW KIT, PUT IT IN THE FRIDGE.

**BEFORE YOU START (Repeat this process every time when working with the grow kit):**

1. **Wash your hands and forearms** (preferably antibacterial soap, but normal soap will do)
2. **Clean the area where you are going to work**
3. **Work as cleanly as possible and don't touch the mycelium with your bare hands** (risk of contamination)

## GROW KIT SET UP

Step 1. Carefully fill the kit with clean, lukewarm water, place the lid back on top and let it soak for 12 hours, then drain the water carefully.

Step 2. Pour 150 ml of fresh water in the bag and place the grow kit in it.

Step 3. Spray the kit with water and use the paperclip to close the bag, making sure it does not touch the mycelium.

Step 4. Place the bag in a space with indirect light and a constant 24-27° C.

## MAINTANAINCE (after the set up)

1. Open the bag every 2-3 days and spray water over the grow kit and seal it with lots of air in the bag (duration 0-21 days)
2. Once you see the first pins of the mushroom appearing, spray water every 4 - 5 days and add fresh air
3. Pluck the first mushrooms when you desire but always repeat the cleaning process before opening the bag.

## The perfect Fruiting environment

1. Grow kit needs a constant temperature of 24-27 degrees.
2. Open the bag every 3-4 days, mist in the bag and close the bag with fresh air.
3. Keep the grow kit wet, never let the mycelium dry out.
4. Perfect mushrooms grow best in a 12/12 routine. 12 hours of light and 12 hours of darkness.

## Troubleshooting:

- Lower or inconsistent temperatures will slow the growing process or harm the mycelium.
- Treat the grow kit as if you were operating someone. Wash you hands and forearms before you touch it.
- Never put the the grow kit in direct sunlight.
- Never let the mycelium dry out.